



**SCIENTIFIC  
SESSIONS**

TARGET: **BP**<sup>™</sup>



# **AHA's Scientific Sessions**

Monday, November 14, 2016



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SESSIONS**

# Controlling High Blood Pressure in Primary Care

**Doctor's Medical Center**  
Miami - Florida

Monday, November 14, 2016

**TARGET:BP™**



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## Doctor's Medical Center (DMC) Miami - Florida

Primary Care and Multispecialty Group  
*Established in 1996*

- 12 Outpatient clinics
- 44 Providers (MD, PA, RNP)
- 50,000 Patient population
- 165,000 Doctor visits per year
- NCQA PCMH since 2015
- Medicare/Medicaid (Managed Care Global Risk/Value-based)
- Exchange/Commercial (Fee-for-service/Capitation)

*Improving population health*



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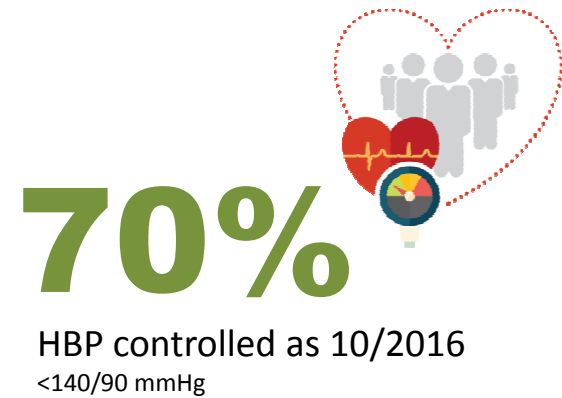
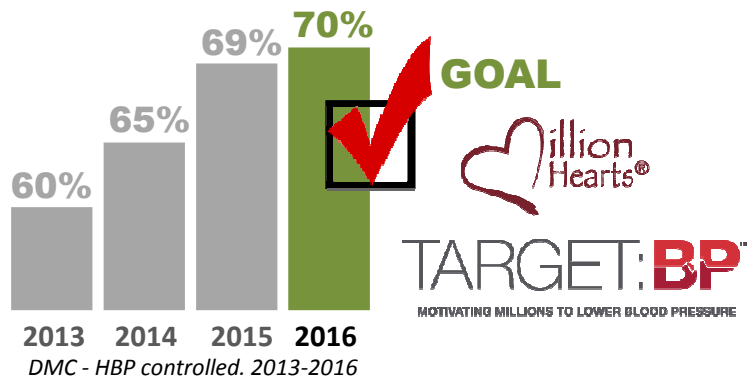
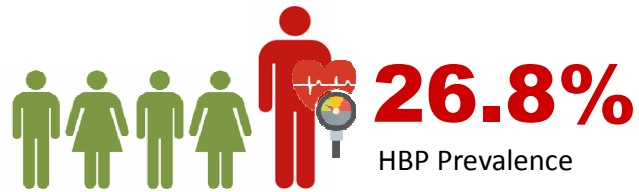
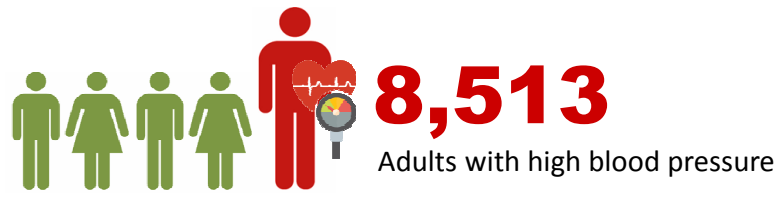
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# Hypertensive Patient Population – DMC 2016



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**30%**  
HBP remains uncontrolled

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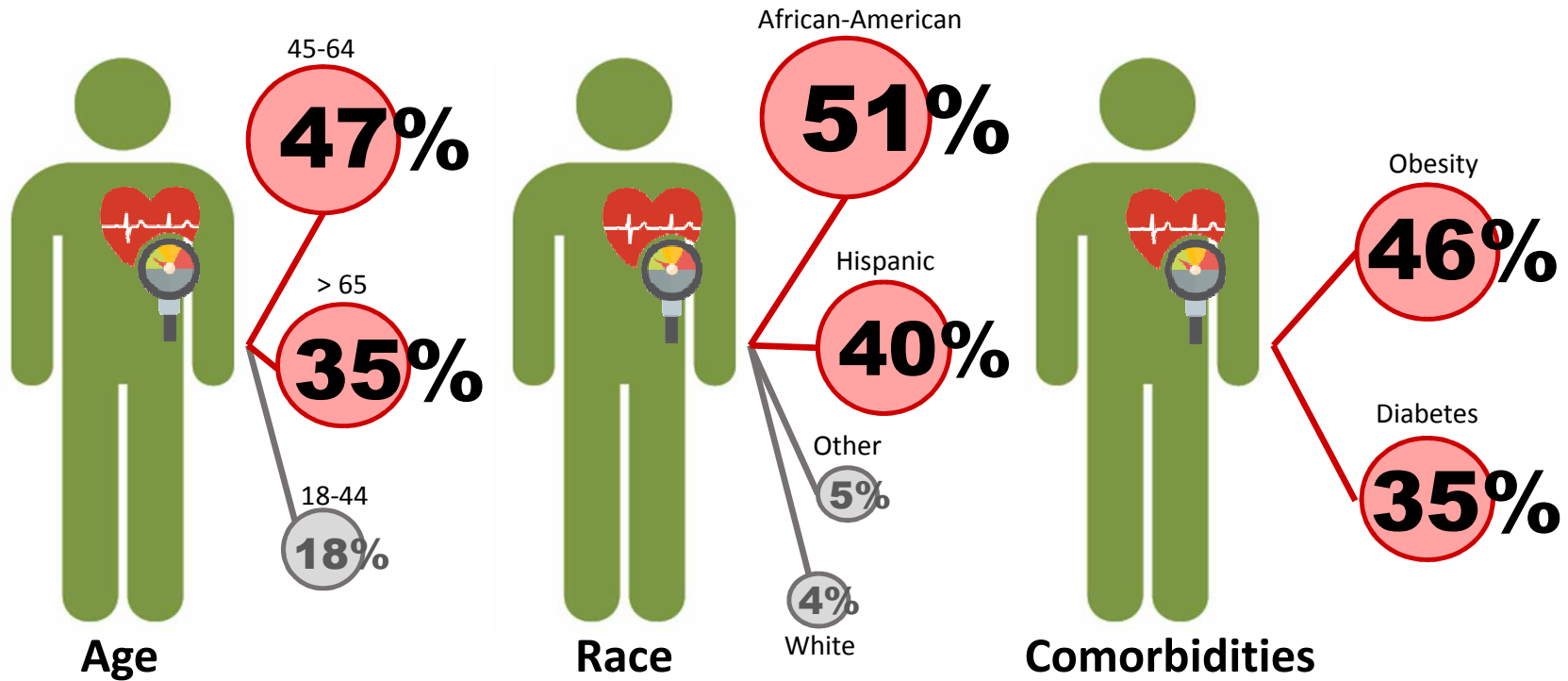


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## Hypertensive Patient Population – DMC 2016



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## Hypertensive Patient Population Management – DMC 2013



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- 1 The clinician's cumulated experience, education and clinical skills

Clinical Expertise

60%

HBP is controlled

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## Hypertensive Patient Population Management – DMC 2014



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### 2 Identifying all eligible patients



- 100% screening of HBP
- Flag patients with HBP
- Health Reminders at point-of-care



### 1 The clinician's cumulated experience, education and clinical skills



**65%**  
HBP is controlled

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# Hypertensive Patient Population Management – DMC 2015/16

## 2 Identifying all eligible patients



- 100% screening of HBP
- Flag patients with HBP
- Health Reminders at point-of-care

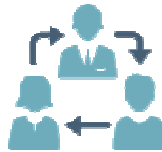


## 1 The clinician's cumulated experience, education and clinical skills



## 3 Promoting a care team approach

- Population Health Management
- Assessing patient progress/barriers toward treatment goals
- Care coordination/Patient self-management
- Counseling patients on healthy behaviors



# 69%

HBP is controlled

Patient-Centered Medical Home

Improving population health

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# Hypertensive Patient Population Management – DMC 2015/16



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## 2 Identifying all eligible patients



- 100% screening of HBP
- Flag patients with HBP
- Health Reminders at point-of-care

## 1 The clinician's cumulated experience, education and clinical skills

Clinical Expertise

## 3 Promoting a care team approach

- Population Health Management
- Assessing patient progress/barriers toward treatment goals
- Care coordination/Patient self-management
- Counseling patients on healthy behaviors



## 4 Using effective diagnosis and treatment guidelines



EHR  
EBM  
Evidence-Based Medicine

70%  
Our goal by 2017  
HBP is controlled

PCMH  
Patient-Centered Medical Home



AHA's HBP Treatment Algorithm



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# Thank you

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