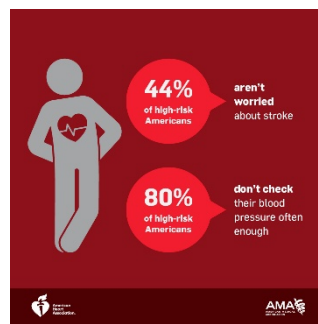
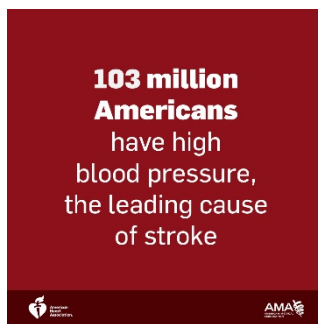




NATIONAL STROKE AWARENESS MONTH 2019 SOCIAL GRAPHICS SUGGESTIONS

Social media assets for AHA/ASA staff can be found in Sprinkler and [here](#).

Animated Infographic

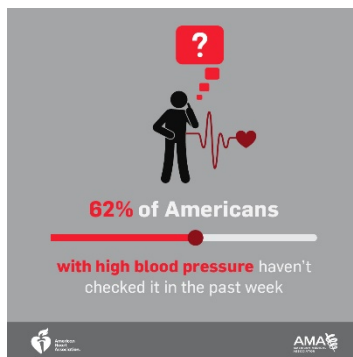


Copy: Did you know high blood pressure can cause heart attack and stroke? You can take control of your blood pressure, and your health. Visit LowerYourHBP.org.

Links

FB: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=facebook&utm_medium=social&utm_campaign=maysurvey

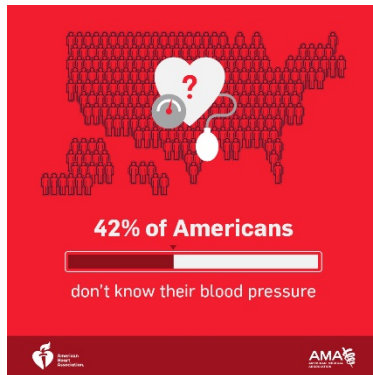
Social Graphics



Copy: Checking blood pressure regularly is key to preventing heart attack and stroke. How often do you check? You can help stop a heart attack or stroke. Visit LowerYourHBP.org.

FB Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=facebook&utm_medium=social&utm_campaign=maysurvey62

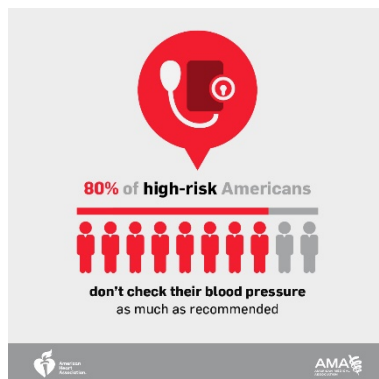
TW Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=twitter&utm_medium=social&utm_campaign=maysurvey62



Copy: Be part of the 58% of Americans who do know their blood pressure numbers. Go to LowerYourHBP.org to learn about how your blood pressure affects your health.

FB Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=fb&utm_medium=social&utm_campaign=maysurvey42

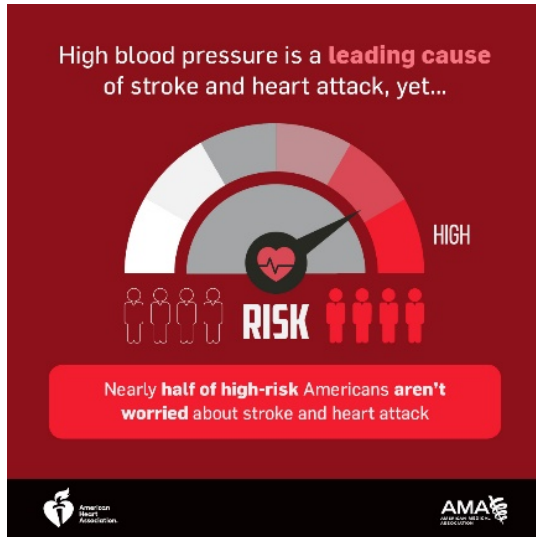
TW Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=tw&utm_medium=social&utm_campaign=maysurvey42



Copy: Ignoring high blood pressure puts health at risk. Americans with high blood pressure should be monitoring their blood pressure regularly. Go to LowerYourHBP.org for help to learn how to keep your blood pressure under control and reduce your risk of heart attack and stroke.

FB Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=fb&utm_medium=social&utm_campaign=maysurvey80

TW Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=tw&utm_medium=social&utm_campaign=maysurvey80



Copy Idea: Reduce risk for heart attack and stroke. Visit LowerYourHBP.org and talk with your doctor about your blood pressure numbers.

FB Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=fb&utm_medium=social&utm_campaign=maysurveyhalf

TW Link: https://www.heart.org/en/health-topics/high-blood-pressure/commit-to-a-plan-to-lower-your-blood-pressure?utm_source=fb&utm_medium=social&utm_campaign=maysurveyhalf